Wellness Educator Job Description
MSUM Hendrix Clinic and Counseling Center

GOALS
As an extension of Hendrix Clinic & Counseling Center and Minnesota State University Moorhead, Wellness Educators (WE) develop and implement activities designed to encourage healthy lifestyles. The goals of Wellness Educators are to:

• Provide students with a practical work experience in developing and implementing a health promotion effort
• Provide students with training and experience in organizational management and leadership
• Develop a student-driven effort to create a healthier campus

RESPONSIBILITIES
• Attend spring training sessions
• Attend trainings
• Attend weekly staff meetings – 1 hour each week determined by Wellness Educator's class schedule
• Serve on Wellness Educator program committees
• Work individually and with other Wellness Educators on health promotion projects
• Assist in the recruitment, selection and training of future WE’s
• Assist in the evaluation of promotional efforts

TIME COMMITMENT
The time commitment for this unpaid position is approximately 2-3 hours per week. Applicants should note that this time commitment will involve varied work environments, including individual work, committee work and large group activities. A Wellness Educator’s actual time commitment will vary during the year, depending on the projects assigned.

BENEFITS
• Professional experience
• Professional references
• Develop organizational management skills
• Develop leadership skills
• Gain public speaking and education experience
• Impact lives of others in a positive way
• Meet new people
• Participate in excellent training
CREDITS
Academic credits are optional and can be obtained through various departments. Some courses require prerequisites. Contact your advisor or specific department about receiving credit for your work as a Wellness Educator.

QUALIFICATIONS
• Open to any student who will attend MSUM next fall and spring semesters
• Ability to work independently and with others
• Ability to manage time and stress well
• Past experience in public speaking, program planning and working at events helpful but not required
• We welcome and invite diversity

Since Wellness Education deals with program development, marketing, budgeting, communication, speech, education and health, students majoring in many areas will find it valuable.

Any questions please feel free to contact Lynn Peterson at Hendrix Clinic & Counseling Center; phone: 218-477-2211 or petrsnly@mnstate.edu