What should I do if I’ve been in close contact with someone?

- **Close contact** is being within 6 feet of a positive case for 15 or more continuous minutes.

...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who has been in close contact with someone ELSE who might have been exposed...

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who has tested positive for COVID-19?
- If you become symptomatic, isolate 10 days from onset of symptoms AND you are fever-free for 1 day
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health

If you become symptomatic, isolate 10 days from onset of symptoms AND you are fever-free for 1 day

Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask

...who has tested negative for COVID-19?
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who has tested positive for COVID-19?
- If you become symptomatic, isolate 10 days from onset of symptoms AND you are fever-free for 1 day
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who has tested negative for COVID-19?
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

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...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
- Quarantine for 14 days regardless of YOUR test result
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...who has tested negative for COVID-19?
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

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...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who has tested negative for COVID-19?
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who is being tested?
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.

...who might have been exposed...
- ...and IS experiencing symptoms?
- ...but IS NOT (yet) experiencing symptoms?

- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
- Quarantine for 14 days regardless of YOUR test result
- Report using the COVID-19 Report Form and Quarantine for 14 Days, Self Monitor AND Get Tested

...who has tested positive for COVID-19?
- If you become symptomatic, isolate 10 days from onset of symptoms AND you are fever-free for 1 day
- Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.
Am I experiencing symptoms of COVID-19?

NO

Have I been in close contact with someone who has symptoms?

NO

Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask

NO

Did I develop symptoms during my 14 days of quarantine?

NO

Complete a COVID-19 Report for resources and referral for testing. Self-quarantine for 14 days and monitor symptoms, it may take up to 14 days for symptoms to appear after exposure.

Stay home as much as possible. Use online services to get essential needs. If you need to go out into public, wear a mask, stay 6 feet apart, don't touch your face, and wash your hands often.

YES

Complete a COVID-19 Report for resources and referral for testing.

If you have symptoms, please isolate for 10+ days since the onset of symptoms AND until you are fever-free for 1 day without using fever-reducing medication.

YES

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health

mnstate.edu/dragons-care