



COVID-19 SYMPTOMS

INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Vaccinated people are more likely to be asymptomatic

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health

mnstate.edu/dragons-care



A member of the Minnesota State system

If you are VACCINATED and have been in *close contact* with someone COVID positive...

Close contact is being within 6 feet of a positive case for 15 or more continuous minutes.

Wear your mask

Test 3-5 days after date of exposure

...do not need to quarantine, unless you test positive

if you test positive

If you test negative, please continue to practice healthy habits.

report positive test result

Isolate for 10 days. As long as you do not have a fever on Day 10, you can be out of isolation Day 11.



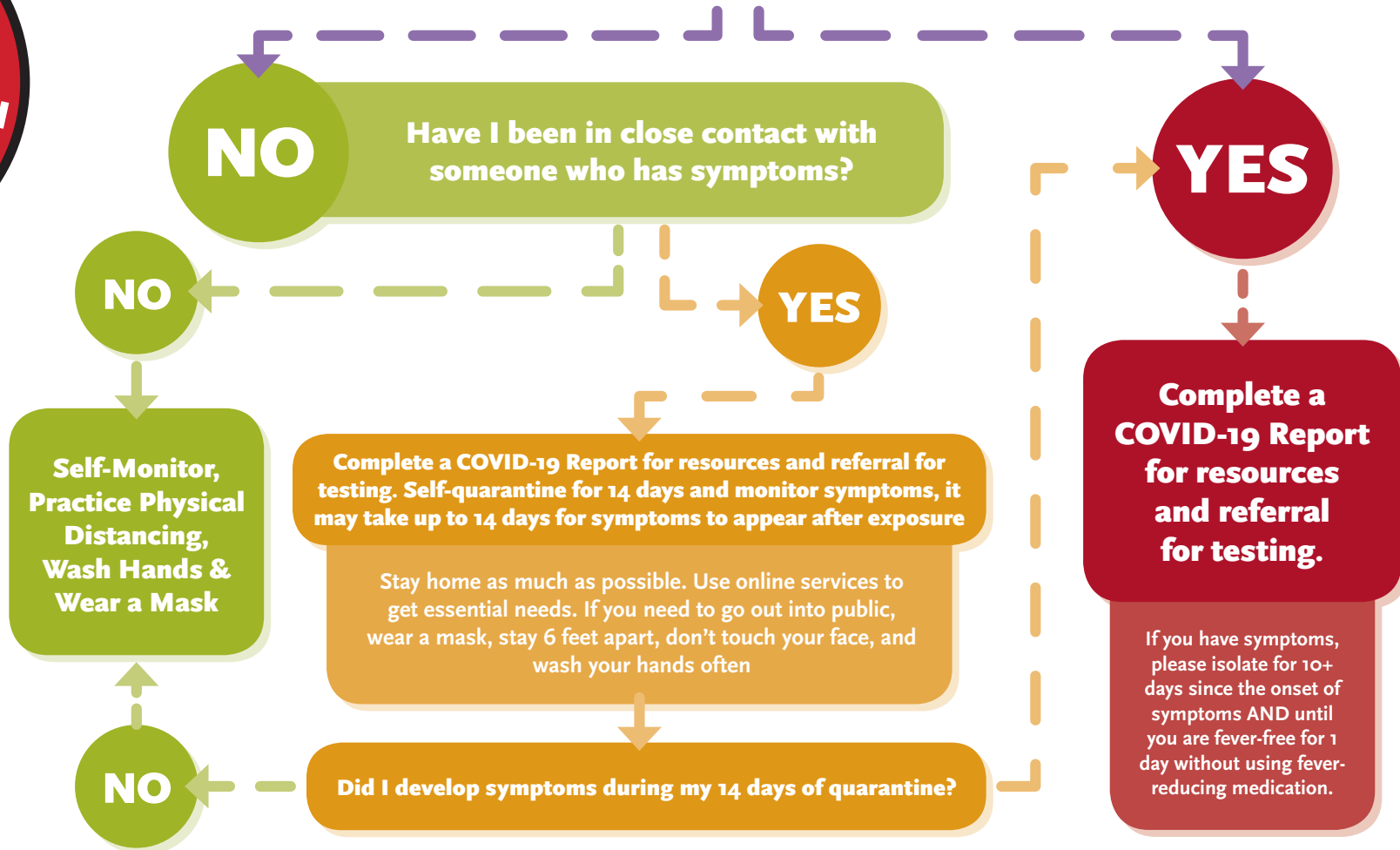
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Am I experiencing symptoms of COVID-19?



Quarantine

separates and restricts the movement of people who were exposed to contagious disease to see if they become sick

WHILE IN ISOLATION...

- Stay home and do not go out into public
- Stay away from people in your home as much as possible

VS.

Isolation

separates sick people with a contagious disease from people who are not sick

- Wear a facemask during every interaction with your care taker
- Avoid sharing personal household items such as bedding, towels, and dishes