If you are VACCINATED and have been in close contact with someone COVID positive...

- Wear your mask
- Test 3-5 days after date of exposure
- ...do not need to quarantine, unless you test positive

If you test positive:
- Isolate for 10 days. As long as you do not have a fever on Day 10, you can be out of isolation Day 11.

If you test negative, please continue to practice healthy habits.

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Vaccinated people are more likely to be asymptomatic

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health

mnstate.edu/dragons-care
Am I experiencing symptoms of COVID-19?

- **NO**
  - Have I been in close contact with someone who has symptoms?
    - **NO**
      - Check COVID-19 symptoms
      - Self-monitor, Practice Physical Distancing, Wash Hands & Wear a Mask
    - **YES**
      - Complete a COVID-19 Report for resources and referral for testing. Self-quarantine for 14 days and monitor symptoms, it may take up to 14 days for symptoms to appear after exposure.

- **YES**
  - Complete a COVID-19 Report for resources and referral for testing.
  - If you have symptoms, please isolate for 10+ days since the onset of symptoms AND until you are fever-free for 1 day without using fever-reducing medication.

**COVID-19 Symptoms Include:** fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health.

For more information, visit [mnstate.edu/dragons-care](https://mnstate.edu/dragons-care)