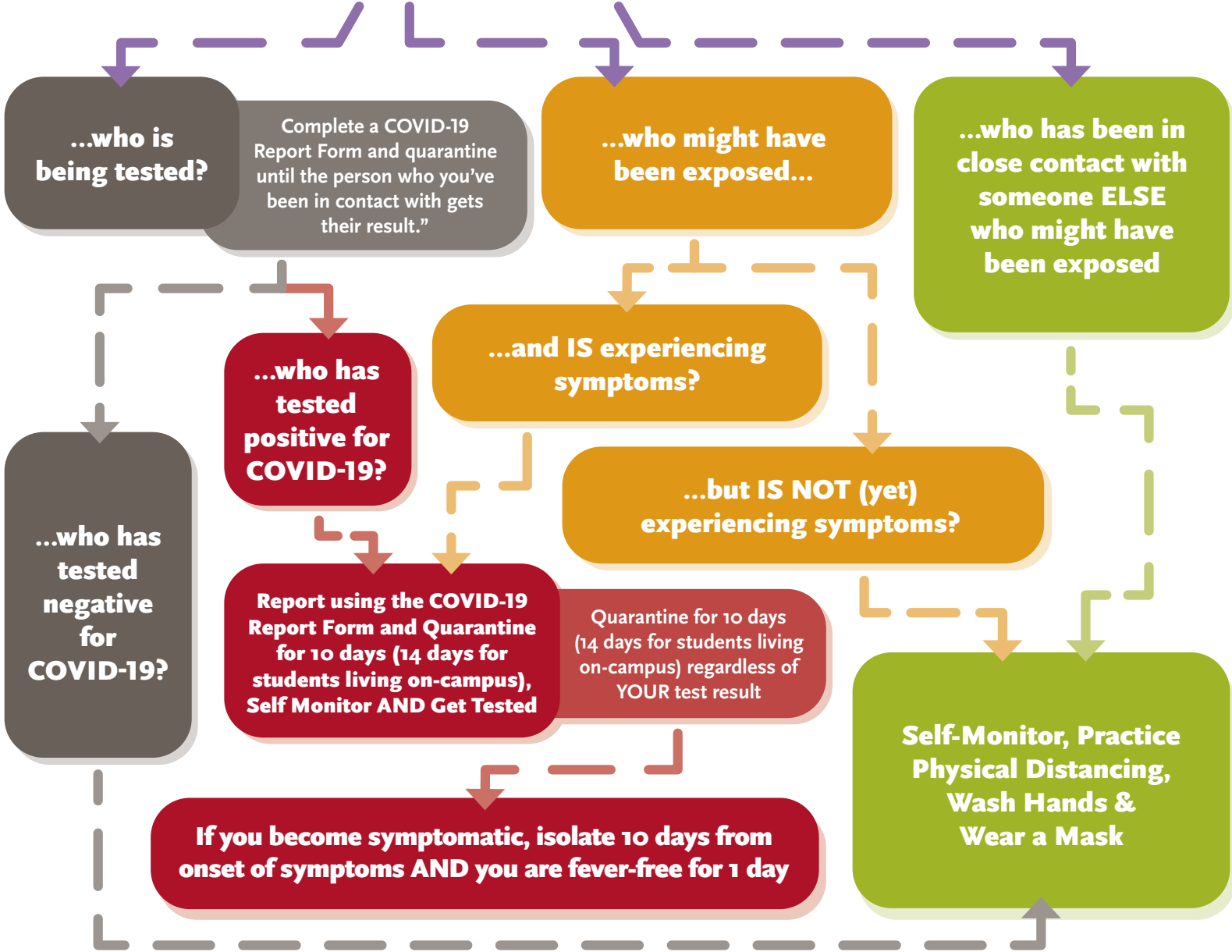




**If you are NOT VACCINATED and have been in *close contact* with someone...**

*Close contact* is being within 6 feet of a positive case for 15 or more continuous minutes.



**COVID-19 SYMPTOMS INCLUDE:** fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health

[mnstate.edu/dragons-care](http://mnstate.edu/dragons-care)





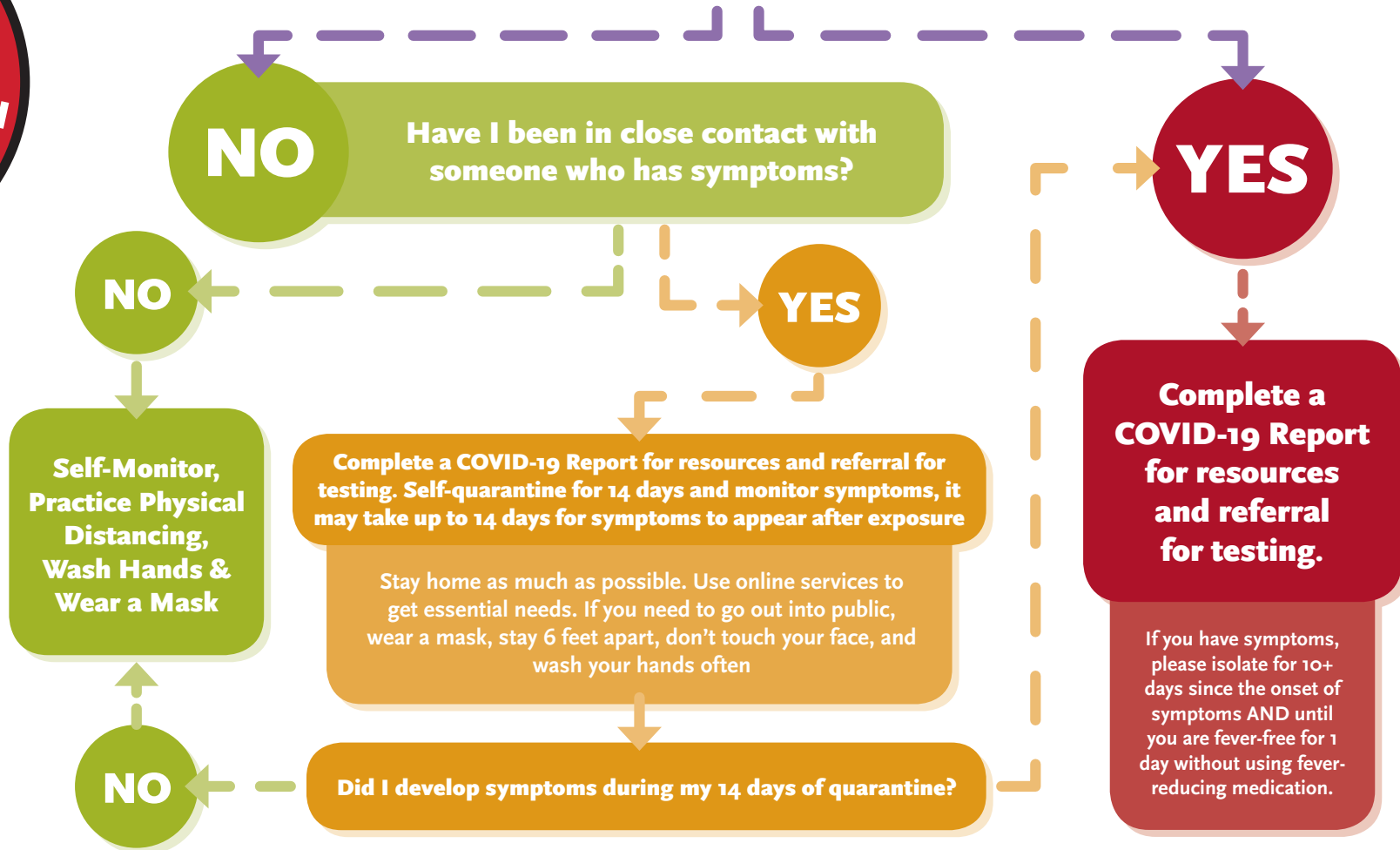
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# Am I experiencing symptoms of COVID-19?



## Quarantine

separates and restricts the movement of people who were exposed to contagious disease to see if they become sick

### WHILE IN ISOLATION...

- Stay home and do not go out into public
- Stay away from people in your home as much as possible

VS.

## Isolation

separates sick people with a contagious disease from people who are not sick

- Wear a facemask during every interaction with your care taker
- Avoid sharing personal household items such as bedding, towels, and dishes