If you are NOT VACCINATED and have been in close contact with someone COVID positive...

...who is being tested?
Complete a COVID-19 Report Form and quarantine until the person who you’ve been in contact with gets their result.”

...who has tested positive for COVID-19?
Report using the COVID-19 Report Form and Quarantine for 10 days (14 days for students living on-campus), Self Monitor AND Get Tested

...but IS NOT (yet) experiencing symptoms?
Quarantine for 10 days (14 days for students living on-campus) regardless of YOUR test result

...and IS experiencing symptoms?
Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask

...who might have been exposed...

...who has been in close contact with someone ELSE who might have been exposed

...who is being tested?

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

Information sourced from the Centers for Disease Control and Prevention and the Minnesota Department of Health

mnstate.edu/dragons-care

Minnesota State University Moorhead is an equal opportunity educator and employer. This information will be made available in alternate format, or if a disability-related accommodation is required, please contact Accessibility Resources at 218.477.4178 (voice) or 1.800.627.3529 (MRS/TYY).
Am I experiencing symptoms of COVID-19?

**NO**
- Have I been in close contact with someone who has symptoms?

**NO**
- Self-Monitor, Practice Physical Distancing, Wash Hands & Wear a Mask

**NO**
- Did I develop symptoms during my 14 days of quarantine?

**YES**
- Complete a COVID-19 Report for resources and referral for testing. Self-quarantine for 14 days and monitor symptoms, it may take up to 14 days for symptoms to appear after exposure
- Stay home as much as possible. Use online services to get essential needs. If you need to go out into public, wear a mask, stay 6 feet apart, don’t touch your face, and wash your hands often

**YES**
- Complete a COVID-19 Report for resources and referral for testing.
- If you have symptoms, please isolate for 10+ days since the onset of symptoms AND until you are fever-free for 1 day without using fever-reducing medication.

**Quarantine**
- separates and restricts the movement of people who were exposed to contagious disease to see if they become sick

**Isolation**
- separates sick people with a contagious disease from people who are not sick

**WHILE IN ISOLATION...**
- Stay home and do not go out into public
- Stay away from people in your home as much as possible

- Wear a facemask during every interaction with your care taker
- Avoid sharing personal household items such as bedding, towels, and dishes

COVID-19 SYMPTOMS INCLUDE: fever, cough, shortness of breath, chest pain, sore throat, loss of taste or smell, headache

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