

# Human Health Sciences

## college to career major map



Career Development Center

|                                 | 1ST YEAR   | 2ND YEAR   | 3RD YEAR  | 4TH OR FINAL YEAR  |   |
|---------------------------------|--|--|---|--|---|
| <b>Academics</b>                | <p>Start taking LASC coursework as well as foundation and core <b>Human Health Sciences</b> courses.</p> <p>Need a little help in your classes? <b>Look into tutoring with the Academic Support Center.</b></p> <p>Review the <b>various research and experiential learning opportunities</b> offered through the program.</p> | <p>Take a deeper dive into the discipline of <b>Human Health Sciences</b> and begin considering a Pre-Health Pathway in Chiropractic, Physical Therapy, or Occupational Therapy.</p> <p><b>Schedule an appointment with a Career Coach</b> to discuss how to connect your academics to your future career.</p>   | <p>Schedule an appointment with your Academic Advisor to ensure you're on track for graduation.</p> <p>Take inventory of your professional goals and decide when and where you would like to continue your education. Take the necessary exams and begin submitting applications to programs that will help you achieve your goals.</p>   | <p>Participate in the <b>Student Academic Conference</b> to showcase research, connect with employers, and to boost your resume.</p> <p>Ensure you submit your application for graduation on time.</p>   | <p><b>Where can you go?</b></p> <p>A degree in <b>Human Health Sciences</b> can take your career in many directions. Most students choose to continue after graduation. Our students are equipped with a strong foundation for a career as a(n):</p> <ul style="list-style-type: none"> <li>• Chiropractor</li> <li>• Medical Physicist</li> <li>• Occupational Therapist</li> <li>• Physical Therapist</li> <li>• Public Health Director</li> </ul> <p><b>What skills will you need?</b></p> <p>To be successful in the world of <b>Human Health Sciences</b> you will need the following skills:</p> <ul style="list-style-type: none"> <li>• Analytical thinking</li> <li>• Communication</li> <li>• Detail orientated</li> <li>• Interpersonal</li> <li>• Leadership</li> <li>• Technical</li> </ul> <p>Thankfully, through your coursework, on-campus involvement, part-time employment and/or internships, and other self-guided learning, you will be prepared for life post-graduation.</p> |
| <b>Get Relevant Experience</b>  | <p>Join a major or interest-specific <b>student organization.</b></p> <p>Participate in <b>Student Life Pathways</b> to continue growing your skills/knowledge outside of the classroom. We recommend starting with the Community Life Pathway.</p>  | <p>Find an on-campus job or a part-time position in the community. Visit <b>DragonJobs powered by Handshake</b>, or one of the many other online job boards to find opportunities.</p> <p>Continue working on your <b>Student Life Pathways.</b> Try working your way through the Personal Wellness and the Equity and Inclusion paths.</p>  | <p>Begin your leadership journey by applying for a student leadership position or run for an officer position in a student organization.</p> <p>During your third year, we suggest focusing on the <b>Professional Success and Contribution and Influence Student Life Pathways.</b> These will help connect you to potential employers and develop skills necessary for success post-graduation.</p>   | <p>Assess what experiences or skills are areas of growth for you and fill in gaps with volunteering, organizations, internships, or part-time employment.</p> <p>Finish up your pathways and be sure to add your accomplishments to your LinkedIn and resume.</p>  |   |
| <b>Connect to the Community</b> | <p>Volunteer on or off-campus with different community organizations such as <b>Sanford Health</b> or <b>Essentia Health.</b></p>  | <p>Join <b>LinkedIn</b> to begin building your professional network and online presence. Think of your profile as a virtual resume and make sure to update it regularly to reflect new jobs, research, coursework, volunteering, involvement, and skills.</p>  | <p>Attend <b>off-campus events</b> such as <b>Creative Mornings Fargo, StartUp Brew, Ladyboss, Springboard for the Arts,</b> or TedX to connect with others and gain exposure to the community.</p> <p>Attend the on-campus <b>Meet the Employer and Featured Employer events</b> as often as possible. Make sure to engage with the representatives and collect contact information to follow up.</p>  | <p>Join professional organizations such as the <b>American Institute of Biological Sciences</b> to gain access to research, continuing education opportunities, job boards, and message boards. Make sure to join prior to graduation to receive the discounted student rate (when applicable).</p>  |   |
| <b>Understand Your Career</b>   | <p>Explore your interests, skills, and values and learn about the career readiness competencies by taking the <b>FOCUS 2</b>, an online assessment free for all MSUM students.</p> <p>Schedule an appointment with the <b>Career Development Center</b> to review your FOCUS 2 results and to begin building your resume.</p>  | <p>Start researching potential career paths on <b>O*Net.</b> Here, you will be able to find valuable information such as typical tasks associated with the profession, skills, and knowledge needed, education and licensures needed, wages and employment trends, professional organizations, and related occupations. We suggest you search for careers such as <b>Chiropractor.</b></p> | <p><b>Attend professional development-related events</b> on-campus, and connect with faculty to learn more about the field and gain insights on how to be successful in your job search.</p> <p>Find an internship or part-time job with a local or regional company or organization to learn the ins and outs of your chosen career. Prepare for the application &amp; interview process by working with the <b>Career Development Center.</b></p> | <p>Network relentlessly! Attend the spring Career Fairs to get connected to employers looking to hire soon-to-be grads. Check <b>DragonCentral</b> for more information.</p> <p><b>Schedule appointments with a Career Coach</b> to go over your professional documents and to prepare for upcoming interviews. Remember, once a dragon always a dragon. You have access to these services for life.</p> |   |

This map is intended to provide suggestions for activities and careers, but everyone's abilities, experiences, and constraints are different. Schedule an appointment with a Career Coach to discuss your individual goals and to create a personalized map. *This page is interactive. Click on the color-coded phrases to be taken to a correlating website.*