

Physical Education - Non Teaching Roadmap

Program	Bachelor of Arts: Physical Education - Non Teaching
Total Credits	120
Catalog	2022-23

The plan below is **one** of several possible ways for you to complete this degree.

Your individualized plan may look different if you have already fulfilled some requirements.

Your Financial Aid Award may require additional term credits for full-time funding.

You must complete all university and program requirements successfully to complete this degree (GPA, 120 credits, LASC, WI, residency)

Curriculum	Course	Course Title	Credits	Take When	Total Credits
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120.00

1st Year

Core Requirement:		HLTH 110	Personal Health and Wellness	3.00	1st Fall	15.00
Core Requirement:		PE 192	Gymnastics	1.00	1st Fall	
Core Requirement:		PE 193	Elementary School Activities	2.00	1st Fall	
Core Requirement:		PE 194	Non-Traditional Activities in PE	1.00	1st Fall	
Restricted Elective:	Fitness: Choose one	PE 102/137/190	Weight Training/Yoga/Activity	1.00	1st Fall	
	First-Year Experience Course	FYE 101	First Year Experience	1.00	1st Fall	
	LASC 1B	ENGL 101	English Composition	3.00	1st Fall	
	LASC 2	BIOL 100	Issues in Human Biology <i>*recommend</i>	3.00	1st Fall	
Core Requirement:		PE 200	Foundations of PE	3.00	1st Spring	15.00
Core Requirement:		PE 191	Dance	2.00	1st Spring	
Restricted Elective:	Team Sport: Choose one	PE 130/132/134	Volleyball/Basketball/Soccer	1.00	1st Spring	
	LASC 1A	COMM 100	Speech Communication	3.00	1st Spring	
	LASC 3	BIOL 109	Biology Today <i>*recommend</i>	3.00	1st Spring	
	LASC 5	PSY 113	General Psychology <i>*recommend</i>	3.00	1st Spring	

2nd Year

Core Requirement:		EXS 311	Motor Learning	2.00	2nd Fall	16.00
Core Requirement:		HLTH 125	First Aid and CPR	2.00	2nd Fall	
Core Requirement:	WI for major	EXS 310	Sport and Play in the US	3.00	2nd Fall	
General Elective/Minor Course:				3.00	2nd Fall	
	LASC		<i>If Specific Requirement - List Course</i>	3.00	2nd Fall	
	LASC			3.00	2nd Fall	
Core Requirement:		EXS 320	Anatomical Kinesiology	3.00	2nd Spring	16.00
Restricted Elective:	Individual: Choose one	PE 112/114/124	Bowling/Golfing/Badminton	1.00	2nd Spring	
Writing Intensive:	200-Level or higher			3.00	2nd Spring	
	LASC			3.00	2nd Spring	
	LASC 4	MATH 110	Introduction to Mathematics <i>*recommend</i>	3.00	2nd Spring	
	LASC 5	SOC 110	Introduction to Sociology <i>*recommend</i>	3.00	2nd Spring	

3rd Year

Core Requirement:		EXS 321	Human Physiology	3.00	3rd Fall	15.00
Core Requirement:		PE 452	Adapted Physical Education	3.00	3rd Fall	
General Elective/Minor Course:				3.00	3rd Fall	
	LASC			3.00	3rd Fall	
	LASC/WI			3.00	3rd Fall	
Core Requirement:		EXS 420	Biomechanics	3.00	3rd Spring	14.00
Core Requirement:		PE 360	Elementary Methods in PE	3.00	3rd Spring	
Core Requirement:		PE 362	Middle School Methods in PE	2.00	3rd Spring	
	LASC			3.00	3rd Spring	
	LASC			3.00	3rd Spring	

4th Year

Core Requirement:		EXS 421	Physiology of Exercise	3.00	4th Fall	15.00
Core Requirement:		PE 361	Secondary Methods in PE	3.00	4th Fall	
Core Requirement:		PE 474	Test and Measurements	3.00	4th Fall	
Writing Intensive:	200-Level or higher			3.00	4th Fall	
General Elective/Minor Course:				3.00	4th Fall	
General Elective/Minor Course:				3.00	4th Spring	14.00
General Elective/Minor Course:				3.00	4th Spring	
General Elective/Minor Course:				3.00	4th Spring	
General Elective/Minor Course:				3.00	4th Spring	
General Elective/Minor Course:				2.00	4th Spring	