Minnesota State University Moorhead

PE 193: Activities Course: Elementary School

A. COURSE DESCRIPTION

Credits: 2

Lecture Hours/Week: 1

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Designed for physical education majors, this course introduces the student to the elementary school curriculum.

B. COURSE EFFECTIVE DATES: 03/19/1997 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Sequencing of basic motor skills for elementary age students.
2. Individual, dual, team activities, lifetime fitness activities; fundamental gymnastics, rhythms and dance, low organization, lead up and cooperative games for elementary age students.
3. Appropriate instructional cues and prompts for basic motor skills and physical activity and encourage learner expression through movement at the elementary level.

D. LEARNING OUTCOMES (General)

1. Teacher candidates will organize the instructional environment and select activities that will enhance the basic motor and physical fitness skills appropriate for the needs and safety of the students through a peer teaching assignment.
2. Teacher candidates will structure activities that will develop etiquette and sportsmanship and accommodate the needs of each student, thus providing enjoyable participation for all demonstrated by a peer teaching assignment.
3. Teacher candidates will use stations with modified activities allowing students to move at their own pace that will enhance their learning.
4. The students will know how to involve the students in understanding what the activities will do for their wellbeing through practical experiences and written exams.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted