

Minnesota State University Moorhead

PE 124: Badminton

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to teach students basic skills in badminton. Instruction focuses on strategies and rules used in both singles and doubles competitions.

B. COURSE EFFECTIVE DATES: 06/01/1995 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. High Single Serve.
2. Drive Serve.
3. Low Serve.
4. Underhand Clear.
5. Backhand Clear.
6. Overhead Dropshot.
7. Underhand Dropshot.
8. Smash.
9. Hairpin Dropshot.

D. LEARNING OUTCOMES (General)

1. Understand the basic rules pertaining to serving, receiving, and general play.
2. Be able to define specific terms associated with badminton.
3. Understand badminton's background, origin, and history.
4. Be able to identify areas, lines, and dimensions of a singles and doubles court.
5. Demonstrate the proper grips.
6. Demonstrate correct stroking procedures.
7. Demonstrate proper footwork and body positioning.
8. Perform all strokes.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted