

Minnesota State University Moorhead

COUN 674: Childhood to Adulthood Psychopathology for Mental Health Professionals

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course assists students in understanding both adaptive and maladaptive behavior across the life span, with particular attention given to child, adolescent and adult behavior. It provides students with foundations to assess, differentiate and diagnose various mental disorders based on the current Diagnostic and Statistical Manual of Mental Disorders (DSM-5). It will also focus on etiology, symptomatology, treatment, and prognosis of various disorders, as well as the associated biological, personal, and social characteristics. It also examines aspects of resiliency, stress and mental illness, and functioning based on race, culture, family of origin and gender difference.

B. COURSE EFFECTIVE DATES: 11/19/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Understands various models and approaches to clinical evaluation and their appropriate uses, including diagnostic interviews, mental status examinations, symptom inventories and psycho-educational and personality assessments.
2. Applies current record-keeping standards related to clinical mental health counseling.
3. Applies effective strategies to promote client understanding or and access to a variety of community resources.
4. Demonstrates appropriate use of culturally responsive individual, couple, family, group, and system modalities for initiating, maintaining, and terminating counseling.
5. Knows the principles and models of assessment, case conceptualization, theories of human development, and the concepts or normalcy and psychopathology leading to diagnoses and appropriate counseling treatment plans.
6. Promotes optimal human development, wellness, and mental health through prevention, education and advocacy activities.
7. Recognizes the importance of family, social networks, and community systems in the treatment of mental and emotional disorders.
8. Understands basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referrals can be made for medication evaluations and so that the side effects of such medications can be identified.
9. Understands professional issues relevant to the practice of clinical mental health counseling.
10. Uses the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain and terminate counseling.
11. Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols.
12. Demonstrates appropriate use of the diagnostic tools, including the current edition of the DSM, to describe the symptoms and clinical presentations of clients with mental health impairments.
13. Demonstrates skill in conducting an intake interview, a mental health status evaluation, a bio-psycho-social history, a mental health history, and a psychological assessment for treatment planning and caseload management.
14. Is able to conceptualize an accurate diagnosis of disorders presented by a client and discuss the differential diagnosis with collaborating professionals.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted