

Minnesota State University Moorhead

COUN 664: Introduction to Substance Use Disorders & Addictive Behaviors

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course covers content area in Substance Use Disorders including introduction to and historical perspective of models of addiction, ethical and legal issues, community support, and self-help resources for people and their support system diagnosed with substance use disorders. It also covers contagious diseases related to substance abuse, American Society of Addiction Medicine criteria, treatment planning, family treatment, and prevention of substance use disorders. This course is designed to be in accordance with CACREP standards and Minnesota/North Dakota Addiction Counseling licensure requirements.

B. COURSE EFFECTIVE DATES: 11/19/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Introduction to Substance Use Disorder Counseling
2. Ethical and Legal Issues in Substance Use Disorder Counseling
3. Etiology of Substance Use
4. Assessment, Diagnosis and Treatment Planning
5. Individual, Group and Family Counseling
6. Working with Diverse Cultures and Special Populations

D. LEARNING OUTCOMES (General)

1. Students will understand assessment of biopsychosocial and spiritual history relevant to addiction (CACREP V.AC A.3)
2. Students will understand the role of wellness and spirituality in the addiction recovery process (CACREP V.AC A.2)
3. Students will understand the screening, assessment, and testing for addiction, including diagnostic interviews, mental status examination, symptom inventories, and psychoeducational and personality assessments (CACREP V.AC A.3)
4. Students will understand strategies for helping clients identify the effects of addiction on life problems and the effects of continued harmful use or abuse, and the benefits of a life without addiction (CACREP V.AC A.3)
5. Students will understand strategies for reducing the persisting negative effects of substance use, abuse, dependence, and addictive disorders (CACREP V.AC A.3) and principles and philosophies of addiction-related self-help (CACREP V.AC A.1)
6. Students will understand the history and development of addiction counseling (CACREP V.AC A.1)
7. Students will understand the theories and models of addiction related to substance use as well as behavioral and process addictions (CACREP V.AC A.1)
8. Students will understand techniques and interventions related to substance abuse and other addictions (CACREP V.AC A.3)
9. Students will understand roles and settings of addiction counselors (CACREP V.AC A.1)
10. Students will understand the principles, models and documentation formats of biopsychosocial case conceptualization and treatment planning (CACREP V. AC A.1)
11. Students will understand cultural factors relevant to addiction and addictive behavior (CACREP V.AC A.2)
12. Students will understand culturally and developmentally relevant education programs that raise awareness and support addiction and substance abuse prevention and the recovery process (CACREP V.AC A.2)
13. Students will understand evaluating and identifying individualized strategies and treatment modalities relative to clients' stage of dependence, change, or recovery (CACREP V.AC A.3)
14. Students will understand factors that increase the likelihood for a person, community, or group to be at risk for or resilient to psychoactive substance use disorder CACREP V.AC A.2)
15. Students will understand importance of vocation, family, social networks, and community systems in the addiction treatment and recovery process (CACREP V.AC A.2)
16. Students will understand legal and ethical considerations specific to addiction counseling (CACREP V.AC A.2)
17. Students will understand neurological, behavioral, psychological, physical, and social effects of psychoactive substances and addictive disorders on the user and significant others (CACREP V.AC A.1)

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted