

# Minnesota State University Moorhead

## COUN 672: Clinical Appraisal & Diagnosis, Intervention & Treatment Planning

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course addresses clinical diagnosis, counseling interventions and treatment planning from a variety of perspectives. It will provide students with a broad theoretical base for understanding psychopathology, from both an individual, descriptive, symptoms perspective as presented in the DSM-5, and also from a contextual systemic perspective including developmental, familial patterns and sociocultural contributors. This course will introduce students to competencies in assessment/appraisal, in selecting effective treatment strategies, and in case presentation. This ability to conceptualize material will also provide students with a beginning ability to formulate treatment recommendations associated with the various diagnostic categories.

**B. COURSE EFFECTIVE DATES:** 11/19/2019 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. Demonstrate integration of information from multiple sources to formulate diagnosis, treatment plans and case presentation skills.
2. Describe the principles and practices of the diagnostic process, including differential diagnosis, and the use of current diagnostic tools, such as the current edition of the Diagnostic and Statistical Manual of Mental Disorders.
3. Describe the relevance and potential biases of commonly used diagnostic tools with multicultural populations.
4. Explain the disease concept, impact and etiology of addiction and co-occurring disorders.
5. Explain the established diagnostic criteria for mental and emotional disorders, and describes treatment modalities and placement criteria within the continuum of care.
6. Familiarize students with the rationale for using diagnosis and treatment planning in counseling and to provide an opportunity to explore current related professional literature.
7. Illustrate appropriate use of diagnosis during a crisis, disaster, or other trauma-causing event.
8. Incorporate the principles, models, and documentation formats of bio psychosocial case conceptualization and treatment planning.
9. Paraphrase the etiology, the diagnostic process and nomenclature, treatment, and referral, and of mental and emotional disorders.
10. Summarize multicultural competencies of clinical mental health counseling involving case conceptualization, diagnosis, treatment, and referral of mental and emotional disorders.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted