

Minnesota State University Moorhead

COUN 682: Trauma Informed & Crisis Management

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 0

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to increase understanding, awareness, and knowledge in trauma and how trauma impacts individuals and groups as well as to teach the theoretical and practical background skills in crisis intervention in various settings. Students will: Develop trauma informed understanding of fundamental concepts, theories, strategies, and counseling skills needed to conduct effective crisis intervention. Develop an understanding of the background, dynamics, and counseling intervention methodologies needed to effectively help individuals or groups in crisis. Develop an understanding of the process of prevention, intervention, and post evaluation in crisis counseling. Students will learn proactive, preventive and creative initiatives in crisis intervention.

B. COURSE EFFECTIVE DATES: 11/19/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

1. Students will demonstrate knowledge of trauma-informed assessments and evidence-based practices with children.
2. Students will understand counselors' roles and responsibilities as members of an interdisciplinary emergency management response team during a local, regional, or national crisis, disaster or other trauma-causing events.
3. Students will understand crisis intervention and suicide prevention models, including the use of psychological first aid strategies.
4. Students will understand the appropriate use of counseling skills and diagnosis during a crisis, disaster, or other trauma-causing event.
5. Students will understand the effects and impact of crisis, disasters, and other trauma-causing events on persons of all ages.
6. Students will understand the operation of emergency management systems within clinical mental health agencies in the local community, school districts and college campuses.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted