Minnesota State University Moorhead

COUN 670: Administration of Clinical Mental Health Services & Counseling Skills

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is intended to introduce Clinical Mental Health Counseling, provide an overview of the history of community based counseling services, examine the practices of clinical counseling and the roles and task of clinical mental health professional professionals, and the characteristics of clients are considered. The topics of policy and advocacy in counselors. Clinical mental health counseling and mental health settings, relationships with other community based agency counseling settings as well as the identity of clinical mental health counselors are covered.

B. COURSE EFFECTIVE DATES: 11/19/2019 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

D. LEARNING OUTCOMES (General)

- 1. Describes the principles of mental health, including prevention, intervention, consultation, education, and advocacy, as well as the operations of programs and networks that promote mental health in a multicultural society.
- 2. Is aware of professional issues that affect clinical mental health counselors (e.g. core provider status, expert witness status, access to and practice privileges within managed care system).
- 3. Knows the models, methods, and principals of program development and service delivery (e.g., support groups, peer facilitation training, parent education, and self-help).
- 4. Knows the professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling.
- 5. Recognizes the potential for substance use disorders to mimic and coexist with a variety of medical and psychological disorders.
- 6. Understands a variety of models and theories related to clinical mental health counseling, including the methods, models, and principles of clinical supervision.
- 7. Understands the ethical and legal considerations especially related to the practice of clinical mental health counseling.
- 8. Understands the history, philosophy, and trends in clinical mental health counseling.
- 9. Understands the management of mental health services and programs, including areas such as administration, finance and accountability.
- 10. Understands the range of mental health service delivery, such as inpatient, outpatient, partial treatment and aftercare and the clinical mental health counseling services network.
- 11. Understands the roles and functions of clinical mental health counseling in various practice settings and the importance of relationships between counselors and other professionals, including interdisciplinary teams.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted