

# Minnesota State University Moorhead

## ART 325: Introduction to Art Therapy

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

This course requires all three of these prerequisites

ART 125 - Foundation Design

PSY 113 - General Psychology

PSY 202 - Developmental Psychology

Corequisites: None

MnTC Goals: None

This course will present an introductory experience to the creative process as visual expression using a variety of media and approaches to art therapy. This course will introduce art therapy history, theory, principles and practice. Students will explore the professional field and ethical issues related to art therapy. Cross listed with PSY 325.

**B. COURSE EFFECTIVE DATES:** 02/01/2017 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Theory and professional practice of art therapy
2. Ethics in art therapy
3. Client therapist relationship
4. Approaches in art therapy
5. Process and product in art therapy

### D. LEARNING OUTCOMES (General)

1. Describe the profession of Art Therapy, the National Association of Art Therapy and its accrediting board.
2. Discuss cultural awareness related to artwork and therapy.
3. Document hands on experience using a variety of media.
4. Document the application of psychological principles in art therapy.
5. Identify ethical issues related to art therapy.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted