# Minnesota State University Moorhead

# **UNIV 131: Career/Life Planning**

### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1 Lab Hours/Week: \*.\* OJT Hours/Week: \*.\* Prerequisites: None Corequisites: None MnTC Goals: None

This course is intended to help students assess their values, interests, skills, and temperament and relate them to career choices. Through self-assessment and career information research, the student will be able to identify a broad base of career options and describe a variety of career goals. Students will acquire tools with which to make decisions and plans regarding major and future career choice.

**B. COURSE EFFECTIVE DATES:** 02/17/2013 - 05/13/2022

### C. OUTLINE OF MAJOR CONTENT AREAS

None

## **D. LEARNING OUTCOMES (General)**

None

## E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

#### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

#### G. SPECIAL INFORMATION

None noted

Version 3.1.4 Page 1 of 1 04/25/2024 03:18 AM