

Minnesota State University Moorhead

UNIV 141: Assertiveness Training

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 1

Lab Hours/Week: *.*

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to enable students to learn their interpersonal rights and responsibilities, to discriminate between assertive, aggressive and submissive behavior and to acquire a set of assertive skills that, by definition, maintain the dignity of the parties involved.

B. COURSE EFFECTIVE DATES: 02/17/2013 - 05/18/2021

C. OUTLINE OF MAJOR CONTENT AREAS

None

D. LEARNING OUTCOMES (General)

None

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted