Minnesota State University Moorhead

THTR 333: Movement for the Actor

A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: *.*

Prerequisites:
This course requires the following prerequisite
THTR 230 - Acting I: Principles

Corequisites: None

MnTC Goals: None

A physical approach to acting will be explored through Alexander, Laban, stage combat, and other movement methodologies.

B. COURSE EFFECTIVE DATES: 01/09/2007 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Physical and psychological assimilation techniques leading to conceptualizing and realizing viable theatrical characters.
2. Journaling .
3. Developing a personal sense of craft and art.
4. Utilizing physical ¿play.¿

D. LEARNING OUTCOMES (General)

1. Become more aware of the world, of self, and of the physical instrument.
2. Become more fully present and in-the-moment in one¿s physical self.
3. Be able to relax, care for and maintain the physical instrument.
4. Be able to make personal connections to acting/physical/textual work
5. Free the body from tension and habit.
6. Be able to identify and develop the physical life of a character.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted