

Minnesota State University Moorhead

PE 144: Ballroom Dance

A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: *.*

Prerequisites: None

Corequisites: None

MnTC Goals: None

Students will learn the basics of leading and following techniques as well as be introduced to swing, waltz, two step and Latin dance.

B. COURSE EFFECTIVE DATES: 03/13/1997 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Demonstrate dance floor etiquette and basic ballroom dance steps for fox trot, Texas Two-step, Waltz, Polka/Schottische, Swing and Latin Dances.
2. Identify appropriate music for each of the ballroom dance categories.

D. LEARNING OUTCOMES (General)

1. Learners will demonstrate appropriate steps for the following ballroom dance categories: Fox-Trot, Texas Two-Step, Waltz, Polka/Schottische, Swing and Latin, Cha-Cha and Tango through skill testing.
2. Learners will choose appropriate music and demonstrate skill in two of the ballroom dance styles.
3. Learners will demonstrate knowledge by a written exam on the various ballroom dance styles.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

G. SPECIAL INFORMATION

None noted