# Minnesota State University Moorhead

## PE 134: Soccer

#### A. COURSE DESCRIPTION

Credits: 1

Lecture Hours/Week: 0

Lab Hours/Week: 2

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to provide instruction, practice, and performance opportunities in the basic soccer skills and techniques. Rules, responsibilities of players, team play, and strategies are also covered.

#### **B. COURSE EFFECTIVE DATES:** 06/01/1995 - Present

#### C. OUTLINE OF MAJOR CONTENT AREAS

- 1. Introduce instruction, rules, and responsibilities of players, team play, and strategies.
- 2. Introduce practice.
- 3. Introduce basic soccer techniques.

#### **D. LEARNING OUTCOMES (General)**

- 1. Learn techniques to pass, shoot, dribble and receive the ball.
- 2. Learn the basic goal-keeping techniques.
- 3. Become familiar with various defensive and offensive tactics in playing the game of soccer.
- 4. Learn various field positions and the responsibilities associated with those positions.
- 5. Demonstrate knowledge of the rules of soccer.

## E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

## F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

#### G. SPECIAL INFORMATION

None noted

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