

# Minnesota State University Moorhead

## NURS 303: Holistic Family Nursing

### A. COURSE DESCRIPTION

Credits: 4

Lecture Hours/Week: 3

Lab Hours/Week: 2

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course emphasizes nursing care of the diverse family unit across life stages and care settings. Family focused care that is theory driven and evidence informed guides students in developing holistic, health promoting, culturally sensitive approaches to care. In addition, promotion of critical thinking and effective, therapeutic communication and collaborative practices are emphasized in the care of families.

**B. COURSE EFFECTIVE DATES:** 08/02/2020 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Family focused nursing care across life stages and care settings
2. Family nursing theory and evidence informed practice
3. Family focused communication and nursing actions
4. Nursing presence
5. Family assessment
6. Nursing care of diverse families
7. Health promotion of families
8. Leadership and system skills to promote family health and supporting families

### D. LEARNING OUTCOMES (General)

1. Explore the impact of current and future global trends on family health.
2. Examine the role of the nurse in family nursing practice.
3. Integrate principles of family focused care and aspects of thinking family across life stages and care settings.
4. Apply the nursing process to enhance and promote health in a holistic, family focused manner.
5. Demonstrate effective, therapeutic communication and collaborative practices in the care of families.
6. Discuss the aspects of relationship-based family nursing practice.
7. Integrate theory driven and evidence informed approaches in family nursing care.
8. Identify leadership and system skills that promote quality family nursing care.
9. Examine resources and nursing actions that provide emotional and practical support to families.
10. Provide culturally sensitive care to diverse family units.
11. Apply nursing ethics and legal considerations to care of the family.
12. Analyze the impact of holistic factors on the adaptive response of the family.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted