Minnesota State University Moorhead

Fourth of July 10K Run & Firecracker Trot

Starts at 8:00 a.m., July 4, at Nemzek Field

- **Registration begins by 7 a.m.**
- **Special Fourth of July technical shirt**
- **Prize money to top three Finishers, male and female. Gifts to ten year age group winners.**
- **For more event information call 218.477.2156 or see our website:** www.mnstate.edu/july4
- **UST&F Certified Course. Chip Time by Pickle Events.**
- **For 10K ADULT online registration, visit the website** www.active.com
- **FIRECRACKER TROT for Children only, FREE registration, either mail in form OR drop off on July 4! Event takes place right after 10K Run, on the track!**

For 10K Run information, please call 477-2062.

This document can be made available in alternative formats by calling (218) 477-5859 (V/TTY).

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ENTRY FORM FOR ALL RACES

EVENT ENTERED: [ ] Fourth of July 10K Run [ ] Children for Firecracker Trot 12&under (FREE)

Shirt Size: [ ] Small [ ] Large [ ] X-Large [ ] Medium CHILD: [ ] Small [ ] Medium [ ] Large

Name: FIRST_____LAST_____

Gender: [M] [F] Date of Birth (mm/dd/yy):_____ Age (On July 4th): _____

Address _____

City _____ State_____ ZIP_____

WAIVER: I hereby enter the Fourth of July runs. I enter at my own risk and personally assume any risk or responsibility for injuries incurred as a direct or indirect result of my participation in this event. I further agree not to hold liable Minnesota State University Moorhead, race directors, sponsors or any party associated with this race.

_____ **Date**_____

Signature Date Parent signature if under 18

FOR 10K ONLY: Make $25 check payable to MSUM 4th of July 10K and send check and completed form to:

Attention: MSUM Business Office, UPO Box 77, 1104 7th Avenue South, Moorhead, MN 56563

Do not mail after June 30. Entry on race will not guarantee a shirt!