

# Minnesota State University Moorhead

## NURS 406: Nursing Care of the Family

### A. COURSE DESCRIPTION

Credits: 4

Lecture Hours/Week: 4

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

This course requires all three of these prerequisites

NURS 361 - Acute & Complex Care

NURS 362 - Applied Pathophysiology for Nursing II

NURS 364 - Nursing Leadership I

Corequisites: None

MnTC Goals: None

This course focuses on evidence-based holistic nursing care of diverse families across the lifespan where students develop holistic, health promoting, culturally sensitive approaches to care. Promotion of critical thinking, therapeutic communication, and collaborative practices are emphasized in the care of families.

Competence Statement: Upon completion of this course, the student will demonstrate the concepts of family nursing to provide safe, holistic nursing care to diverse families across the lifespan.

**B. COURSE EFFECTIVE DATES:** 01/08/2020 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Professional Development & Identity
2. Care Competencies
3. Healthcare Delivery
4. Psychosocial Homeostasis & Regulation
5. Lifespan Growth & Development
6. Determinants of Health

### D. LEARNING OUTCOMES (General)

1. Examine the role of the nurse, emphasizing leadership and system skills to promote quality family nursing care.
2. Integrate principles of family focused care and aspects of ¿thinking family¿ across life stages and care settings.
3. Apply the nursing process to enhance and promote health in a holistic, family focused manner integrating evidence-based knowledge, theories, and conceptual models.
4. Demonstrate effective, therapeutic communication and collaborative practices in the care of families.
5. Analyze the effects of emotional, developmental, socioeconomic, cultural, spiritual, and environmental factors on the adaptive response of the family.
6. Utilize clinical decision-making skills, including nursing ethics and legal considerations, to provide holistic nursing care for a family.
7. Analyze family coping strategies and barriers to family stress management.
8. Demonstrate unconditional acceptance regarding culturally, ethnically, and socio- economically diverse families.

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted