

# Minnesota State University Moorhead

## HSAD 400: Aging in the US: Intro to Gerontology & Senior Support Care

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to provide an overview of the field of gerontology with an emphasis on senior care and services/resources available to meet the needs of elderly population. The course considers the continuum of care including home care, assisted living, skilled nursing facilities and hospice. The role of technology, including gero-technology, in improving quality of life is examined.

**B. COURSE EFFECTIVE DATES:** 02/01/2017 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. Describe stages of grief and death.
2. Examine adult care and home care models of care for the elderly population.
3. Examine biological, social, and psychological theories of aging.
4. Examine demographic trends including cultural differences for aging population in US and globally.
5. Explain the nature of hospice care and requirements for administration. a) Discuss goals of hospice care. b) Discuss role of interdisciplinary team in patient care. c) Identify organizational issues and challenges of hospice management. d) Identify future trends in providing care for patients.
6. Explain the nature of the assisted living facility environment and requirements for administration. a) Identify the services provided in assisted living facility. b) Discuss philosophy of care in assisted living facility. c) Identify legal, financial, and regulatory requirements and their impact on assisted living facility administration.
7. Explain the nature of the skilled nursing facility environment and requirements for administration. a) Identify the services provided in skilled nursing facility. b) Discuss philosophy of care in nursing facility. c) Identify legal, financial, and regulatory requirements and their impact on skilled nursing facility administration.
8. Explain the role of technology in improving quality of life of the elderly population. a) Identify resources at home and community setting. b) Identify resources for functional enhancement of elderly population. c) Describe how gero-technology can be used to promote independence and autonomy in older adults.
9. Explore work force and retirement issues for the aging population. a) Identify source of income including social security, pension, and savings for elderly population. b) Discuss government programs including social security, Medicare, and Medicaid that support elderly population. c) Discuss economic well-being and effect of recession on retirement.
10. Identify programs, services, and resources available for the elderly population and their caregivers.

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted