

# Minnesota State University Moorhead

## HSAD 401: Health Aspects of Aging

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites: None

Corequisites: None

MnTC Goals: None

This course is designed to provide an understanding about adult development and aging. The purpose of the course is both to provide a general introduction to the field of gerontology and specific focus on some aspects of aging and behavior.

**B. COURSE EFFECTIVE DATES:** 08/25/2015 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

### D. LEARNING OUTCOMES (General)

1. To have an understanding of the development of adults in a variety of contexts including the physical, mental, and social.
2. To have an understanding of the needs and challenges of the aging population.
3. To have an understanding of the process of aging in the development context.

### E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

### F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted