

**MSUM EARLY EDUCATION CENTER
April & May 09 MENU**

4 week cycle

WEEK 3	BREAKFAST	LUNCH	SNACK 4/13-4/17/09
Monday	Rice Krispies Grape Juice Milk	Chicken Rice Hotdish Corn Melon Cup Chocolate Pudding - Milk	Fish crackers Pineapple Juice
Tuesday	Scrambled Eggs Toast/Grape Juice Milk	Cheese Pizza Cottage Cheese Steamed Baby Carrots Applesauce & Milk	Cereal Cup Milk
Wednesday	Cheerios Apple juice Milk	Tacos meat cheese lettuce tomatos Watermelon -Milk	Choc.Chip Cookies Milk
Thursday	Fresh Fruit Cinnamon bread Cereal & Milk	Chili (with Beef and Beans) Crackers and Cheese Fresh veggies/Dip Apple Sauce – Milk	Mini Bagels Orange Juice
Friday	Life Cereal Orange Juice Milk	Peanut Butter and Jelly on Whole Wheat/Yogurt Peaches/Peas Milk	Vanilla Wafers Milk
WEEK 4	BREAKFAST	LUNCH	SNACK 4/20-4/24/09
Monday	Cheerios Bananas Milk	Turkey/Provolone Sandwich Chips Corn Fresh Pineapple -Milk	Orange muffins Milk
Tuesday	Cinnamon Rolls Grape Juice Cereal & Milk	Tator Tot Hot Dish Peas & Carrots Mandarin Oranges Dinner Roll - Milk	Cereal Cup Milk
Wednesday	Pancakes Grape Juice Milk	Chicken Noodle Soup Crackers and Cheese Fresh veggies/Dip Apple Sauce – Milk	Ginger Cookies Milk
Thursday	Fresh Fruit Cinnamon bread Cereal & Milk	Meat Lasagna Lettuce Salad Steamed Carrots Apple – Milk	Strawberry Yogurt Animal Crackers Orange Juice
Friday	Life Cereal Apple Juice Milk	Tuna Noodle Hot Dish Yogurt - Green Beans Banana -Milk	Ritz Crackers Peanut Butter Grape Juice

WEEK 1	BREAKFAST	LUNCH	SNACK	4/27—5/1/09
Monday	Cheerios Apple Juice Milk	Spaghetti w/Meat Sauce Garlic Toast-Cottage Cheese Romaine salad Banana –Milk	Cinnamon Bread Orange Juice	
Tuesday	Kix Banana Milk	Ham & Cheese Sandwich Apricot sauce Carrots w/ Dip Tator Tots –Milk	Granola Cereal Milk	
Wednesday	Yogurt Oranges Cinnamon Bread Cereal & Milk	Hamburger on a Bun Chips/Tomato Slices Veggie Sticks w/ Dip Peaches –Milk	Crackers and Provolone Cheese Apple Juice	
Thursday	Oatmeal/Raisins and Brown Sugar Orange Juice Milk	Cheese Pizza Yogurt Corn /Apple Sauce Milk	Wheat Thins Milk	
Friday	Hard Boiled Eggs Toast-Grape Juice Cereal & Milk	Cheese Quesadilla Steamed broccoli Tortilla chips/yogurt Oranges -Milk	Bagels Lt. Cream Cheese Pineapple Juice	
WEEK 2	BREAKFAST	LUNCH	SNACK	5/4-5/8/09
Monday	Bran Muffin Applesauce Cereal & Milk	Turkey Mashed Potatoes w/ Gravy Corn Banana Wheat roll – Milk	Vanilla Wafers Pineapple juice	
Tuesday	Life Cereal Milk Orange Juice	Pancakes w/ Syrup Ham slice Breakfast potatoes Applesauce –Milk	Banana Bread Milk	
Wednesday	Raisin Bread Applesauce Cereal & Milk	Grilled Chicken Breast served hot/Bun Baked Sweet Potatoes Pears – Milk	Graham Crackers Orange Juice	
Thursday	Scones Fresh Pineapple Cereal & Milk	Sloppy Joe/Bun Peas Strawberries/Milk	Animal Crackers Apple juice	
Friday	Special K Bananas Yogurt/Milk	Cheese Omelet Applesauce/Peaches Bagels and Strawberry Cream Cheese/Milk	Oatmeal Cookies Milk	

WEEK 3	BREAKFAST	LUNCH	SNACK 5/11-5/14/09
Monday	Cheerios Apple juice Milk	Tacos meat cheese Lettuce tomatoes Oranges -Milk	M and M Cookies Milk
Tuesday	Scrambled Eggs Toast/Grape Juice Milk	Cheese Pizza Cottage Cheese Steamed Baby Carrots Applesauce & Milk	Granola Cereal Milk
Wednesday	Fresh Fruit Cinnamon bread Cereal & Milk	Cheese Quesadilla Steamed broccoli Fresh veggies/Dip Peaches – Milk	Ginger cookies Milk
Thursday	Life Cereal Orange Juice Milk	Peanut Butter and Jelly on Whole Wheat/Yogurt Bananas and watermelon Milk	Graham Crackers Apple Juice