

Contact Us

To learn more about how the MSUM Athletic Training Education Program can prepare you for career success, or to schedule a visit, please contact us:

E-mail: hammerda@mnstate.edu

Web: www.mnstate.edu/athtrng

Phone: 218.477.2318

National Athletic Trainers' Association:
www.nata.org

For more information about MSU Moorhead, please contact:

MSUM Admissions

E-mail: dragon@mnstate.edu

Web: www.mnstate.edu

Phone: 1.800.593.7246 or 218.477.2161 (locally)

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Athletic Training

My Education.
My Way.

The Certified Athletic Trainer

Athletic training is an allied health care profession, where Certified Athletic Trainers specialize in preventing, recognizing, diagnosing, managing and rehabilitating injuries that result from physical activity. Patients include people of all ages, from professional athletes to industrial workers. Athletic trainers work under the direction of a licensed physician, and in cooperation with other health care providers. Athletic trainers may work in professional sports, college or high school athletics, hospitals/clinics, physician's offices, industrial settings, sports medicine clinics, or fitness and sports centers. A bachelor's degree is the minimum requirement to work as an Athletic Trainer, but the National Athletic Trainers' Association (NATA) states that 65-70 percent of athletic trainers have a master's or doctoral degree.

Athletic Training at MSU Moorhead

MSUM offers a Commission on Accreditation of Athletic Training Education (CAATE) accredited Athletic Training Education Program that provides students with solid academic preparation and dynamic clinical experiences to qualify as a candidate for the Board of Certification examination. Since the development of the athletic training major, MSUM students have consistently performed at or above the national average on the Board of Certification examination.

A limited number of students are admitted to the Athletic Training Education Program each year. Application to the program takes place during the spring semester of the freshman/transfer year. Selection is based upon academic achievement, experience, recommendations and an interview.

A multifaceted curriculum

Athletic training at MSUM is a rigorous six-semester program that combines classroom learning with clinical experiences. The curriculum includes courses in human anatomy, physiology, nutrition, orthopedic assessment, therapeutic modalities, therapeutic exercise, biomechanics and pharma-



cology. All sophomore-level students and above complete 15-20 hours of hands-on experience each week in a variety of clinical rotations. Skills and techniques learned in class are often applied to real life situations daily.

- A robust athletic training student association provides professional development, networking and socialization for students.
- Each year, one-fourth to one-half of our students pursue graduate degrees.

Benefits of MSUM's Athletic Training Education Program

- Students receive comprehensive clinical experiences at settings that may include MSUM athletics, Concordia College men's/women's hockey and baseball, large high schools and middle schools in Fargo-Moorhead, Urgent Med, and MeritCare Southpointe.
- Certified athletic trainers from outside the university and area physicians mentor and teach MSUM students.
- Students present independent and faculty-led research at the MSUM Student Academic Conference.
- Students and faculty are actively involved in leadership positions at the district, state and national NATA level.



Careers

Employment of athletic trainers is expected to grow 24 percent through 2016, much faster than the average. Job growth will be concentrated in the health care industry, including hospitals or offices of health practitioners and fitness and recreation sports centers. Growth in positions with sports teams will be slower. The occupation will change over the next decade, with greater emphasis on administrative responsibilities, adapting to new technology, and working with larger populations. Median annual earnings of athletic trainers were \$36,500 in 2006. The middle 50 percent earned between \$28,020 and \$45,690. Athletic trainers with a master's degree earned \$41,000.